

Analysis of the Satisfaction of the Education in Intercultural Communication

Project MOVE “New competences for coaches”

Project № 2015-1-IT01-KA202-004704

On 25th of June 2017 The University Sports Association, biggest sports students organisation in Poland was testing the module [TU WSTAWIĆ]. In the educational process took part 10 people (including four women): coaches or people who work with one that play sports.

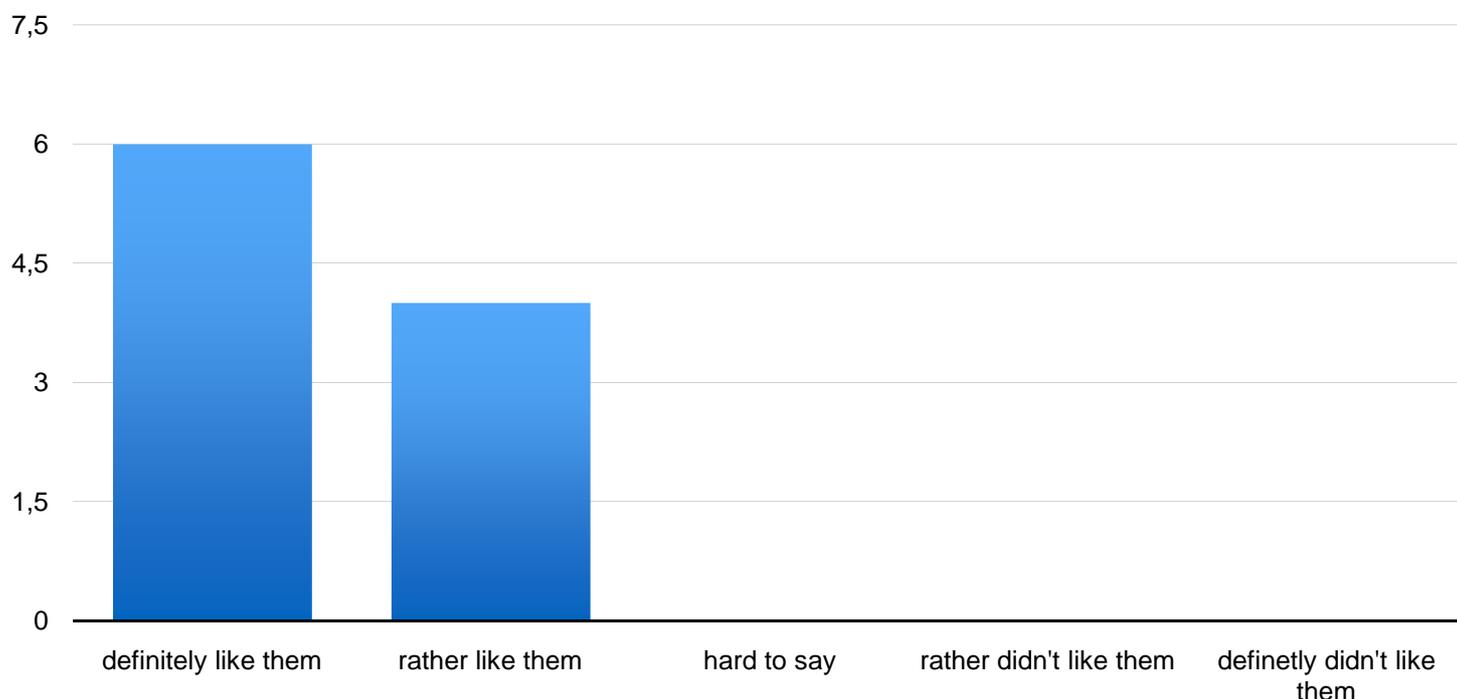
After the workshop, the participants filled out the assessment questionnaire. Finally, an evaluation discussion was held with participants after the training.

In general, all participants rated the training and workshop well or very well. Of course, they pointed out some doubts about some issues. However, they were not substantive.

The level of the workshop was highly evaluated. The theoretical part, which concerned the general principles of motivation in sport and the way of working with a participant in sports activities, a student, an adult returning to sport after years or a competitor, triggered the most discussion.

The ratings provided by the participants show that this part taught them the most about motivation.

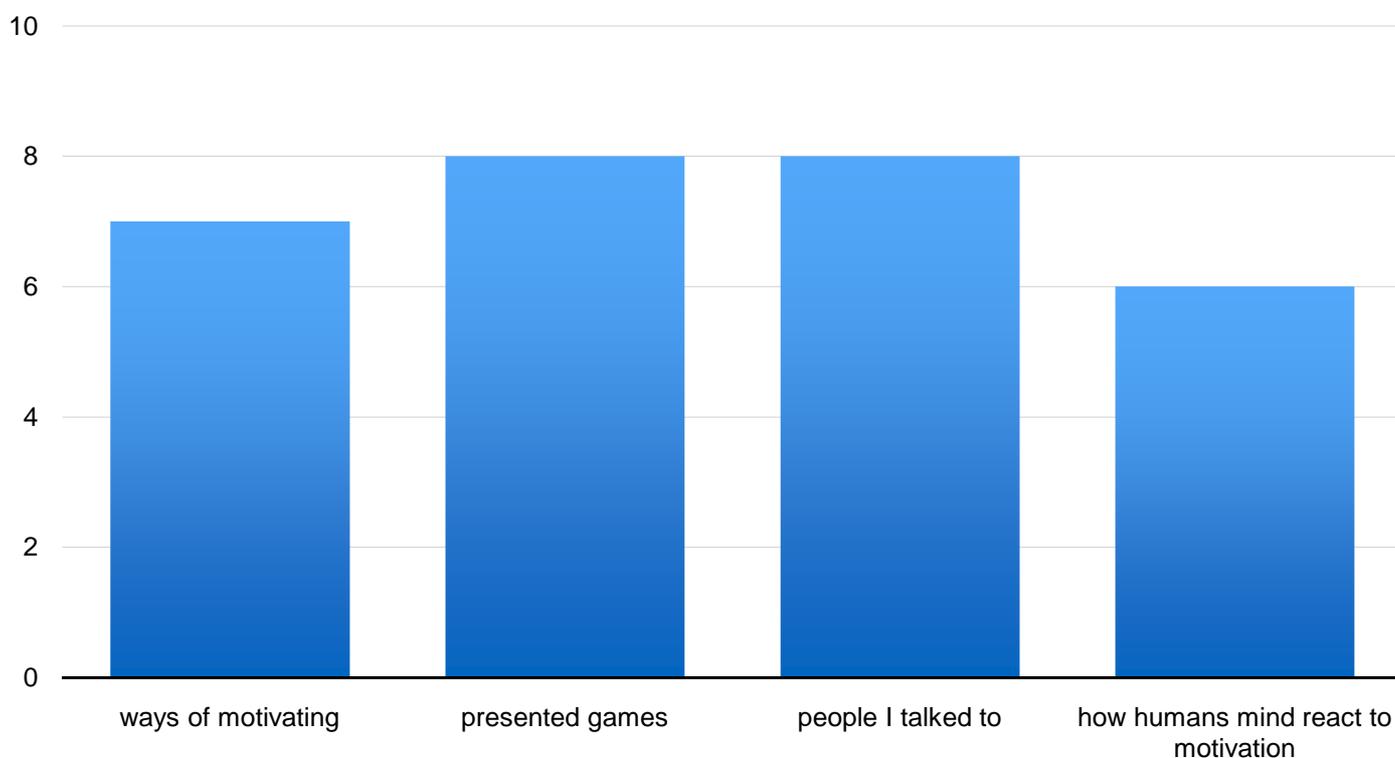
■ Degree of Interest towards the presented games



During the workshop, the participants noted the way of spending time. In their opinion, it is very positive, but as soon as the lesson is not only with theory, secondly they show and allow to understand the discussed things. The workshops were carried out in a suitable way by a professional trainer.

Participants in the field of experience have addressed this issue. Most young people participated in the training, but with serious training achievements. They engaged in various fields of sport. Everyone had some experience of motivation for exercising. Thanks to the common work of participants, they learn how to better motivate and how to focus on this.

■ What is the thing you will remember from the workshop?



To the question: "What did you learn from your personal and professional point of view at the workshop?"

Most respondents said that they developed their professional skills during the training, although it was quite short.

They indicated that they would use the acquired knowledge during their professional work, especially in the motivation of students and sportspeople. They announced trying new methods, especially those proposed by other participants.

In the personal sphere, the participants emphasized the change in the way people think about their trained people. They emphasized this in particular about the exercise in which they had to experience the role of people in difficult situations. According to the workshop participants' reports, this exercise allowed them to understand that their own point of view is not always the same for all people.

We asked the participants: "In your opinion, what are the situations in which you think it is possible using what you have learnt during the workshop?"

Most participants indicated that they would use their acquired skills primarily in their professional work. Some of them will work in school with children and young people. Others pointed to the development of academic sport and the resulting benefits associated with working with students. 2 people have indicated that the workshop will enable them to function better in society.



Participants also drew attention to the drawbacks of the training. The most important of these was the training term. In their opinion, the workshop should not be held during the weekend, or it could be divided into 2-3 shorter meetings.