



Report for the Multiplier Event – Asp PROMITHEAS 14 May 2017

MOVE. Movement Valorize Europe
"New Competence for Trainers"
2015-1-IT01-KA202-004704



Summary

A multiplier action on the results of the European program Erasmus plus, Action KA2 Strategic Partnerships "**MOV**ement **VAL**orize **EU**rope: New Competences for Trainers" took place on May 14th, 2017 successfully in the "P. SYNADINOS" Hall of the Dim. & Lilis Stavropoulou Foundation in Patras. At the event participated 41 stakeholders, coaches and athletes from the local federations, sports clubs, and schools.

The participants were informed about the "**MOVE** Project" research program, which aims to improve the strategic role of sport and to enhance the training of sports stakeholders and the findings of the research conducted by the participants in the program (particularly the coaches' strategic skills).

Following the conclusion of the research on the three main problems identified in Greece regarding the low percentage of people that do sports (Lack of time, lack of infrastructure and lack of motivation), the participants were divided into working groups to discuss the problems and to formulate proposals for dealing with them.

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The suggestions that came up were:

- Teaching athletic behavior rules within schools (learning to win but also to lose)
- Promotion of ethical behaviors and codes of conduct among sportspeople
- Make sport through schools, a way of life.
- Increase of gymnastics hours in schools
- Sports clubs must be active and present the sports they offer to schools, companies and so on
- School sports activities must be held all year round
- Active participation of parent's associations in local sports committees
- Reducing mobile usage in younger ages
- Use of courtyards and sports facilities in schools at times when schools are closed

- Free grassroots sports programs from the municipalities
- Built gyms in the workplaces and provide opportunities for group exercise and recreation
- Exploitation of municipal sports facilities
- Organization of federations at national level for the presentation of each sport
- Promotion of grassroots sports events like marathons or bicycle races in every Municipality

On this action, the ASP Prometheus hopes to create a social network of people involved in sports and those in key positions who will seek solutions to the problems of grassroots sports. At the same time ASP Promitheas had the chance to promote and advertise the seminar regarding the acquisition of soft skills for coaches that will be held on the next month.

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This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

