

PRESS RELEASE
PROJECT MOVE: entering a new phase

The European project “*Move*” has entered the second phase. The transnational survey aiming at identifying the social demand for sport was embarked on a few days ago, the target people are the young (18-29 years) and the elderly (over 55). 600 questionnaires will be submitted in the Partner countries - Italy, Poland, Greece and Bulgaria - for the purpose of this research, which involves sportspeople and people who do not do sport activity. The research template prepared by the Polish University Sports Association (AZS) and Roma Tre University has been designed, in order to compare and analyse all retrieved information according to the same criteria. An in-depth inquiry that aims at collecting the opinions of both sportspeople and non-sportspeople about their own needs, as well as about training policies, innovative services, criticalities and the opportunities that a different qualified training path could offer, thus leading eventually to defining shared guide-lines. Once the survey has been concluded, we will have a broader view of the factors that encourage or hinder people to practise sport activity, thus allowing us to elaborate a training module addressed to sport coaches. This will allow them to effectively perform with the aim of fostering motor activity, primarily as regards the two age groups referred to by the research.

For further details and information

C.S.E.N. : Via Luigi Bodio, 57 Roma - 06.3291853 – e-mail: info@cse.it

Ufficio Progetti CSEN Nazionale: Via Ilaria Alpi 3, Roma - 06.3328421 – e-mail: ufficio.progetti@cse.it

Contact person: Andrea Bruni – Head of Project – 339 8907156

Web site : www.projectmove.eu